

CITY GUIDE

KUMAWU

GHANA

RUN DAY

Friday, October 9

ABOUT GHANA

Ghana borders the Ivory Coast to the west, Burkina Faso to the north, Togo to the east, and the Atlantic Ocean to the south. It's known for its warmth and hospitality – and for this leg of the journey, the run heads inland to Kumawu, a community with deep local ties to the event.

QUICK FACTS

CAPITAL	Accra
POPULATION	35+ million
LANGUAGES	English
CURRENCY	Ghanaian Cedi

RACE DAY

8:00 AM	Run start
11:45 AM–12:00 PM	Roberto arrives at the finish, joined on the way in by a local youth 1-mile run
12:00–1:00 PM	Press Event



WEATHER IN OCTOBER

Ghana's minor rainy season is underway – expect lightly cloudy skies with intermittent showers, high humidity, and daily temps between 75–88°F (24–31°C).

GOOD TO KNOW

English is Ghana's official language, so communication is easy for visitors. The Ghanaian Cedi is the local currency. This leg is run with Professor Yaw Nyarko as local lead, reflecting Kumawu's close connection to the event.