

CITY GUIDE

LUANDA

ANGOLA

RUN DAY

Sunday, October 11**ABOUT ANGOLA**

Angola sits on the western coast of southern Africa, bordering the Atlantic Ocean to the west, Namibia to the south, Botswana to the southeast, the Democratic Republic of Congo to the northeast, and Zambia to the east. Luanda, the capital, closes out the Africa 7 journey as its final stop.

QUICK FACTS

CAPITAL	Luanda
POPULATION	~38–39 million
LANGUAGES	Portuguese (official)
CURRENCY	Kwanza

RACE DAY

8:00 AM	Run start
11:45 AM–12:00 PM	Roberto arrives at the finish
12:15–1:15 PM	Press Event

**WEATHER IN OCTOBER**

October marks the start of Angola's light rainy season – warm, humid, and mostly cloudy, with daily temps between 72–87°F (22–30°C).

GOOD TO KNOW

Luanda is one of Africa's fastest-growing capitals and the heart of Angola's music scene – kizomba and semba were both born here. The city sits on a wide Atlantic bay, and traffic is legendary, so allow generous time for any movement across town.